



Safety Bay Primary School

Respect, Responsibility, Reflection, Relationships, Resilience

From the Principal

Newsletter 01
10 February 2016

Principal's Word

Welcome back to a VERY hot time at Safety Bay Primary School with a very smooth start. From the end of school last year we had 45 students between Kindy to Year 5 leave and 138 new enrolments commenced on February 1st. This is a transiency of 19.5% students. We now have 705 students enrolled from Kindy to Year 6 with 27 classes.

We have a number of new staff commencing this year and several we have managed to retain. Our new staff for 2016 are:

Mr David McLaren	Room C18	Year 5
Mrs Jay Dixon	Room C16	Year 4/5
Miss Ashlee Alden	Room C15	Year 4
Mrs Tara Greenacre	Room C13	Year 3
Mrs Lisa Bell	Room W8	Pre-Primary
Mrs Jenny Peace	Room W7	Kindy (DOTT Relief)
Mrs Carol Bartlett	Art Room	Wednesday

Further to these BRAND NEW staff we also have the following teachers returning: Mrs Gemma Johnsen (Year 6, C20); Mrs Sue McCulloch (Year 5, C17); Mrs Charmaine Ruffles (Year 3, C12); Mr Jarrad McCaskie (Year 3, W1); Mrs Jeanette Evans (Year 2, P7); Mrs Judy Brace (Year 2/3, S7); Mrs Gemma Clarkson (PP, W4); Mrs Larra Watterson-Rutherford (PP, W3); Mrs Sally Quealy (Music) and Mrs Ainslee Langeard (PP DOTT, W8).

It is always a very exciting time for students (and staff), but it can also be very traumatic for some. You can make your child's/children's start very smooth and comfortable by building a relationship with their classroom teacher. Introduce yourself and let them know that you are willing to be a part of your child's education. I wish to remind parents if you wish to support your child and ensure they achieve to their full potential it is vitally important you work with us. Children learn best when the school and home work together as one.

Classroom teachers have been working through the "First Six Weeks of School" with their classes. This means they are building relationships with the students, setting up routines and helping them feel happy and positive. The work for the students will be easier than normal, but this is so they aren't threatened or fearful of moving into a new year level.

School Council

I would like to invite any parents or community members to nominate for a position on the Council. Nomination forms are available from the office for interested individuals. If you want to be involved in your child's school development or wish to discuss the role of the school council you can contact me or, if you prefer, a parent representative from the council will call.

Parent Meetings

In Weeks 3 and 4, teachers will be holding parent information meetings after school. Each year level will have their meetings after school on a day during these weeks. Below are the days and times for each Year level.

Pre-Primary	Tuesday 16th February, 3.30pm in Library
Year 1	Thursday 18th February, 3.15pm in S3/S4
Year 2	Tuesday 23rd February, 3.30pm in Peron Block
Year 3	Monday 22nd February, 5.00pm in Library
Year 4	Wednesday 24th February, 3.30pm in Challenger Block
Year 5/6	Thursday 25th February, 4.00pm in Library

Quote: People are not remembered by how few times they fail but by how often they succeed. Every wrong step is another step forward. Thomas Edison.

Wayne McKay
Principal

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Website: www.safetybayps.wa.edu.au



IMPORTANT DATES

Tuesday 16th February	Pre-Primary Parent Information Meeting, 3.30pm in Library
Thursday 18th February	Year 1 Parent Information Meeting, 3.15pm in S3/S4
Friday 19th February	Prefect Assembly
Monday 22nd February	Year 3 Parent Information Meeting, 5.00pm in the Library
Tuesday 23rd February	Year 2 Parent Information Meeting, 3.30pm in Peron Block
Wednesday 24th February	Year 4 Parent Information Meeting, 3.30pm in Challenger Block
Thursday 25th February	P&C Meeting, 1.30pm in staffroom Year 5/6 Parent Information Meeting, 4.00pm in Library

2016 VOLUNTARY CONTRIBUTIONS & CHARGES

Statements for school voluntary contributions and charges for 2016 will soon be mailed home to families.

Under the Department of Education, Student-Centred Funding Model, locally raised funds such as voluntary contributions play an integral part in supplementing funds received from state and commonwealth governments.

If you have yet to pay 2016 voluntary contributions we encourage you to do so. These funds will be used toward the costs of teaching and learning programs in 2016.

Payments may be made by cash or eftpos at the administration office or by direct deposit to the school's bank account:

Account Name	Safety Bay Primary School
Bank	NAB
BSB	086 918
Account No	02949 1771
Reference	STUDENT NAME

Please also remember we **accept payment in advance for excursions and in-school performances**. In accordance with the Voluntary Contributions and Charges information sent home to parents late last year, these costs were budgeted not to exceed \$60. This option has many benefits:

- You will no longer need to find money to pay out to the school each time an activity is about to occur.
- You won't need to give cash to your child to pass on to the office.
- Your child is assured a place in the activity – children who haven't paid are unable to attend.

We hope you enjoy this convenience.

Thanks to families who have already paid voluntary contributions.

Diana Tindale
Manager Corporate Services

P&C NEWS



On behalf of the Safety Bay Primary School P&C I would like to welcome everyone back to school for 2016. I would also like to give a very warm welcome to all our new students, families and teachers.

Our first P&C meeting for 2016 is on **Thursday 25th February at 1.30pm** in the staffroom. This meeting is our Annual General Meeting. The AGM will be for the nomination and formation of the 2016 P&C Executive Committee. Positions include: President, Vice President, Secretary, Treasurer and minimum of three Executive Committee Members. If you can't make it to the meeting and you would like to nominate yourself or someone else for one of the P&C roles please email me jill.erikssen@y7mail.com and I can make arrangements. Everyone is welcome to nominate or attend the meeting, it is always great to see new faces at the meetings. Membership to the P&C costs \$1.00 and membership gives a person the right to vote on financial decisions.

The P&C is a positive and supportive environment. The P&C is always working together with the school staff to contribute and make a difference to better our children's education. If anyone would like to know more about what is involved with the P&C or has any questions about the P&C positions you can email me at jill.erikssen@y7mail.com. We are always looking for new, fresh ideas and people that are keen to give a helping hand in some way.

The P&C has contributed to the following things that you can see around the school:

- the Nature Playground
- the painting of Snakes and Ladders, hopscotch and chessboards
- the shed and shelving used for play equipment
- air conditioning in class rooms
- sports equipment in the class rooms

The P&C fundraising committee is meeting **this Friday 12th February at 9.00am** at the Pond. The fundraising committee will be looking at and starting to organize the fun fundraising events that are planned for 2016. Once again people that are keen and want to get involved please come along!



2016

SAFETY BAY PRIMARY SCHOOL STAFF

ADMINISTRATION

Mr Wayne McKay	Principal
Ms Sandra Casey	Deputy Principal
Mrs Leanne Allen	Deputy Principal
Mrs Diana Tindale	Manager Corporate Services
Mrs Kim Elliment	School Officer
Ms Sam Reynolds	School Officer

SUPPORT STAFF

Ms Heather Ham	Chaplain
Mrs Debra Batey	Defence School Transition Aide
Ms Francesca Maumill	Aboriginal Islander Education Officer
Mrs Cheryl Brett	Library Officer
Mrs Jenny McDonald	Education Assistant
Mrs Catherine Jackson	Education Assistant
Miss Aimee Venn	Education Assistant
Mrs Jo Beard	Education Assistant
Mrs Dianne Neil	Education Assistant
Ms Nicola Blinston	Education Assistant
Ms Tracey Fulton	Education Assistant
Mrs Katrina Muirhead	Education Assistant
Mr Greg Leeson	Education Assistant
Mrs Sharon Young	Education Assistant
Mrs Helen Hewitt	Education Assistant
Mrs Helen Moles	Education Assistant
Mrs Vicky Henegan	Education Assistant
Mrs Kim Brown	Education Assistant
Mrs Terrina Hewitt	Education Assistant
Mrs Kelly Campbell	Education Assistant
Mrs Christine Masterson	Education Assistant
Miss Nicole Sainsbury	Education Assistant
Mr Ben Vose	IT Support
Mr Martin Jones	Gardener
Ms Kylie Needham	Cleaner In Charge

TEACHING

Mrs Deb McLeod	Kindy
Mrs Kerry Rose	Kindy
Mrs Kristie Grieve	Kindy
Mrs Jenny Peace	Kindy
Mrs Gemma Clarkson	Pre-Primary
Mrs Michelle Hall	Pre-Primary

TEACHING

Mrs Larra Watterson-Rutherford	Pre-Primary
Mrs Jane Briggs	Pre-Primary
Mrs Anick Ryan	Pre-Primary
Mrs Marilyn Guthrie	Pre-Primary
Mrs Lisa Bell	Pre-Primary
Mrs Ainslie Langeard	Pre-Primary
Mrs Monali Billimoria	Year 1
Miss Annie Klauz	Year 1
Mrs Carol Nunn	Year 1
Ms LeeAnne Fong	Year 1
Mrs Jeanette Evans	Year 2
Mrs Sue Winzer	Year 2
Mr Christian Petersen	Year 2
Mrs Kim Petersen	Year 2
Miss Misha Desai	Year 2
Mrs Judy Brace	Year 2/3
Mr Jarrad McCaskie	Year 3
Mrs Lee Taylor	Year 3
Mrs Kerry Hill	Year 3
Mrs Charmaine Ruffels	Year 3
Mrs Tara Greenacre	Year 3
Mrs Vanya Chatley	Year 4
Miss Ashlee Alden	Year 4
Mrs Jay Dixon	Year 4
Mrs Sue McCulloch	Year 5
Mr David McLaren	Year 5
Miss Tamyn-Leigh Holtom	Year 5/6
Mrs Gemma Johnsen	Year 6
Ms Lynne Cooke	Year 6
Mrs Ruth Sasson	Years 1-6 Learning Support Class
Mrs Sonya White	Phys-Ed Specialist
Ms Sally Quealy	Music
Manjeet Ahluwalia	LOTE - Indonesian
Mr Gary White	Art
Mrs Carol Bartlett	Art
Mrs Karon Patterson	Dance

The KidsMatter Team welcome new and old students back to Safety Bay Primary School. We hope you all are feeling well rested and ready for an exciting year ahead.

This week I am providing you with some information on Resilience. At our school we do the 'You Can Do It' (YCDI) program which has the five keys to success, which are Resilience, Organisation, Getting Along, Persistence and Confidence. Confidence and strength in these five areas can contribute to positive outcomes socially and academically.

What is resilience?

Resilience refers to a child's ability to overcome or bounce back from anything that they find challenging, including events that seem relatively minor to others. As such, resilience shares a close relationship with mental health because being able to bounce back from challenges or adversity is a significant protective factor that supports children's mental health.

Everybody's life has ups and downs

Adults sometimes look back on their childhood as a time when they were always happy, but life's ups and downs are a part of childhood too. Children need to build resilience skills to be able to both enjoy good times and deal with hard times. Helping children learn how to manage life's ups and downs and build their coping skills supports their mental health and wellbeing now and into the future. Feeling good protects mental health and wellbeing.

Did you know that experiencing positive emotions such as joy, pleasure and having fun are essential experiences for building and maintaining a healthy mind across our whole lives?

Skills and qualities that help children cope with life's ups and downs

- **Trust** - that the world is safe and that there are caring people to help them.
- **Belief** - in their ability to do things for themselves and achieve their goals.
- **Feeling good** - about themselves and feeling valued for who they are by their parents and carers.
- **Optimism** - that things generally turn out well.
- **Regulation** - Ability to manage their feelings, thoughts and behaviours.

Children develop these skills and qualities and learn to keep a balance over time, initially through their experiences in coping with small stresses with help from supportive adults. When bigger stresses come along, even though at first they might feel quite distressed, children can draw on what they have learned about helping themselves to cope and feel better. Looking to others for support continues to be an effective way of coping.

How are your child's resilience skills developing?

Resilience is the ability to cope with life's ups and downs. Children's resilience is enhanced when they:

- are loved by someone unconditionally
- have an older person outside the home they can talk to about problems and feelings
- are praised for doing things on their own and striving to achieve
- can count on their family being there when needed
- know someone they want to be like
- believe things will turn out all right
- have a sense of a power greater than themselves
- are willing to try new things
- feel that what they do makes a difference in how things turn out
- like themselves
- can focus on a task and stay with it
- have a sense of humour
- make goals and plans, both short and longer term.

Our kids matter.

KidsMatter helps our school nurture
happy, balanced kids.

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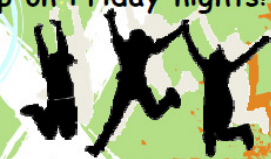
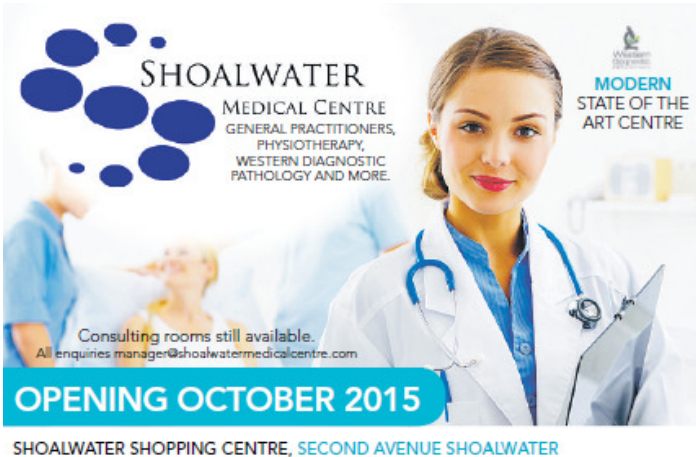
PRIMARY AGE YOUTH GROUP

Come along to Youth Group on Friday nights!

Enjoy games, make friends,
learn Scripture, eat supper.
(Planned and supervised)

Who: Years 1-6
When: Friday nights, 6-7:30pm (school terms)
Cost: \$2 donation p/child (or \$4 p/family)
Dress standard: Casual (neat and respectable)
Where: Rockingham Church of Christ,
cnr Rae Rd & Frederick St, Safety Bay

9592 2495 www.rockinghamcofc.org.au

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