



Safety Bay Primary School

Respect, Responsibility, Reflection, Relationships, Resilience

From the Principal

Newsletter 11
27 July 2016

Principal's Word

Welcome back to Term 3 and what a term we are going to have. There are number of whole school events that families will be able to celebrate with their children which will also build that strong community spirit in every classroom.

These include the 'One Big Voice' choir festival for our senior choir students, Wakakirri performance for our middle school children, school photos, NAIDOC Day, Book Week including the Dress Up Day, World of Maths In School Performance, Rhythm Works Music In School Performance, Learning Journey, 'The Big Crunch and Sip and our Faction Athletics Carnival. Obviously there are also all our whole school assemblies and carnivals to get excited about.

Please keep your term planner on the fridge to see when it is all happening.

Staffing Changes

I wish to introduce and welcome our new staff for the rest of the year. In C18, Year 5, Mrs Joanne McEwan; C14, Year 4, Miss Jemma Souren; S7, Year 2/3, Mrs Margaret Aislabie and in W2 Mrs Sally Wynn replacing Mrs Hill who is on long service leave. We also have Mrs Laura Stapel and Mrs Alison Plummer working in the Kindy/ Pre-Primary area. Mr and Mrs White have taken long service leave and have been replaced by Mrs Carol Bartlett and Mr David McLaren.

Kindergarten and Pre Primary Enrolments

A final reminder that Kindy enrolments close today. We do have some places left but only a few. If you know of anyone who has a young child of school age then please let them know to contact the school so they can have a place for 2017. We still have four students on our waitlist for 2016.

Beautiful Garden

Over the last two weekends, a dedicated group of parents (under the guidance of Sue McCulloch), have come into our school and developed a wonderful garden area behind Challenger Block. The garden will contain fruit trees and a frog pond for the children to interact with. Once the garden is finished, Mrs McCulloch will run a competition to find a name for our very special garden. I want to thank those parents involved for their hard work and let our community know, because of your efforts, the students at Safety Bay Primary School will have some fantastic experiences.

Prizes for Obstacle Course

Last Friday the P&C handed out the prizes for the Obstacle Course, which was co-ordinated by the Fundraising Committee. The whole event was a huge success but wouldn't have been if not for ALL members of the P&C. Jill Erikssen and her team are committed to providing outstanding support for the children at Safety Bay Primary School. On behalf of the Safety Bay Primary School community, thanks to you all.

Quote: *"The meaning of life is to find your gift. The purpose of life is to give it away."* Pablo Picasso

Wayne McKay
Principal



**STAFF DEVELOPMENT DAY
MONDAY 1ST AUGUST
STUDENTS DO NOT ATTEND SCHOOL ON THIS DAY!**

School Security
1800 177 777

SMS Communication
For Absences
SMS Mobile
Number
0437 418 753

Safety Bay Primary
School Dental
Therapy Centre
9527 6767



2 Waimea Road, SAFETY BAY WA 6169
Ph: 08 9528 3680 Fax: 08 9592 4789
Website: www.safetybayps.wa.edu.au



IMPORTANT DATES

Friday 29th July	W1 & W2—Whole School Assembly National Tree Planting Day You Can Do It—Persistence (A day to wear purple)
Monday 1st August	<u>Staff Development Day (Students don not attend)</u>
Tuesday 2nd August	Year 4 PEAC testing
Wednesday 3rd August	Year 4 PEAC testing
Friday 5th August	Ear Health Clinic visit
Wednesday 10th August	Years 4-6 Interschool Cross Country

MERIT CERTIFICATES—ASSEMBLY 1st JULY

Congratulations go to the following students, the latest recipients of our prestigious Merit Certificates. Well done!!

W1	Bodhi	S7	Oskar
W2	Te-Ariki	P7	Marlee
W3	Deklan	P8	Trae
W3	Ashlyn	P9	Jazmyn
W4	Eka	P10	Fionn
W4	Sam	C12	Emma
W5	Mia	C13	Seth
W5	Charlie	C14	Emily
W8	Tyler	C15	Nikora
S3	Jerome	C16	Olivia
S3	Matthew	C17	Siobhan
S4	Rhylee	C18	Lochlan
S4	Madison	C19	Jorja
S5	Scarlet	C20	Dakoda
S5	Mack	C21	Ethan
S6	Melanie	Phys Ed	Angelina
S6	Dennis	LOTE	Jolie

School Citizenship Award Recipients
Lilly W3 & Marie W4

PEAC TESTING

ASSESSMENT OF YEAR 4 STUDENTS FOR THE PEAC PROGRAM

The PEAC Program provides part time extension and enrichment for exceptionally able students in Years 5 and 6.

PEAC offers a range of courses that provide the most able students with work that is intellectually challenging.

All students in Year 4 will have the opportunity to be assessed for suitability for the PEAC Program.

Testing at Safety Bay Primary School will occur on Tuesday 2 AUGUST 2016

The test will measure the student's ability to recognise patterns and to predict with speed and accuracy and measure each child's ability to apply their knowledge and learning.

The scores from the test will be used in the selection of students for PEAC courses and extension programs during 2017 to 2018.

If you do not wish your child to be included in the PEAC assessment please notify the school in writing by Tuesday 2 AUGUST 2016

Please look for the note in your child's bag.

FROG POND GARDEN

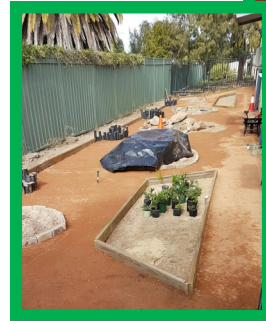
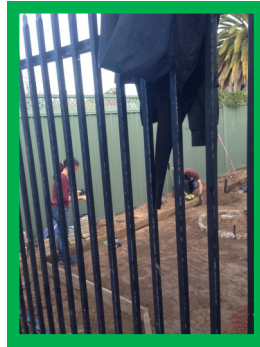
We would like to thank the wonderful parents, staff and P&C members for making Safety Bay Primary Schools Frog Garden possible.

Our garden now looks fantastic and we are looking forward to putting in a frog pond in to help the surrounding plants grow to a healthy size. The classes are all very excited, as the garden will be used in lots of ways. Such as: a silent reading area, a science investigation and observation area and many many more uses. This garden will provide many natural, healthy foods which will be put towards our school canteen and used for providing fruit for Crunch and Sip.

Thank you to all the parents, P&C members and staff who used their time to provide a vey useful and excellent learning area.

Our garden is absolutely awesome!!!

Jessica Blycha C17



P.E NEWS

Term 3 is upon us and it's an action-packed time for Sport at Safety Bay.

August 10 – RASSA Cross Country Carnival
August 17 - Year 4,5,6 800m Race
August 31 – RASSA Spring Carnival
September 13 – Junior Faction Athletics Carnival
September 15 – Senior Athletics Carnival

Runners Club has been very successful with approximately 170 students registered and running during these sessions. Our Interschool Cross Country Carnival takes place on Wednesday of Week 4 and so Runner's Club will conclude August 5, Friday Week 3.

Mr McLaren
Physical Education Teacher

A BIG THANKS!!

LOCAL COMMUNITY BUSINESS SUPPORT – SHOALWATER IGA

Thank you to our local Shoalwater IGA for their amazing show of support to all the students at Safety Bay Primary School. Shoalwater IGA Store Manager, Malcolm Bruce presented a \$1000 cheque to student representatives, Zak Allen and Georgina Burnett. These funds will go a long way toward supporting our Breakfast Club and KidsMatter program within the school.



SCHOLASTIC BOOK FAIR



Safety Bay Primary School annual Scholastic Book Fair will be held in the Library from Tuesday 16th August finishing Monday 22nd August. Remember to save your money as it is a great opportunity to buy some fantastic books as well as helping support the school's Library!

YEAR 6 TRANSITION TO HIGH SCHOOL

Our Chaplain, Heather Ham, is working with the Year 6 students to support their transition to high school in 2017. Each week, Heather visits each of the Year 6 classes to discuss, view and debate some aspect of transitioning to High School. Today the students participated in 'Junkadelic'; making music together. Each student chose an instrument and explored how to make a sound and the different sounds the instrument could make. Students discovered how their sound could fit in and support the group's music. Working together to achieve an outcome is important. The key message in this activity is building relationships; finding out about others and getting to know them as we all have something different to contribute that others may not know about. Next year, the Year 6 students will build new relationships with teachers, year coordinators and friends. There is a lot more to people that we cannot see and we need to listen and communicate to get to know each other.

Ms Cooke, Mrs Johnsen and Ms Holtom
Year 6 teachers



YEAR 6 HEALTH NEWS

PARENTS OF YEAR 6 STUDENTS PLEASE NOTE:

SCOLIOSIS

(Curvature of the Spine)

Routine screening for scoliosis is no longer carried out in schools.

Scoliosis is a common growth disturbance that develops slowly, usually during early adolescence (10-13 years) causing an abnormal sideways curve of the spine.

Examination is the only way to detect a curve in the spine and thus enable treatment for your child if required.

A, Facts On Scoliosis Information For Parents pamphlet about Scoliosis and how to check your child's spine will soon be sent home to all Year 6 students. Parents and children please take the time to read through the pamphlet and check for any imbalance or asymmetry in the spine as described in the pamphlet.

If you have any concerns about scoliosis in your child or require further information please contact your Family Doctor or the Community School Health Nurse through your school.

COLOUR BLINDNESS

A brochure on colour blindness is also being sent home today. Please read and contact the relevant agencies if further assistance is required.

Thank you
Community School Health Nurse

P&C NEWS



On behalf of the P&C I would like to welcome everyone back to Term 3. I hope everyone enjoyed their holidays!

Friday 22nd July there was a problem with canteen orders that were submitted online. I would like to offer an apology to all the students and parents involved. Hopefully this won't happen again as it was stressful for everyone involved!

The Sports Carnival is this term and I would like to encourage all parents to start shopping for faction colour shirts for their children.

P&C Term 3 Events to note:

- [August 11th at 7.00pm-P&C meeting-everyone is welcome to attend](#)
- August 26th-Summer Uniform pre-order forms go out
- September 2nd Uniform pre-Order forms due back
- [September 8th at 1.30pm-P&C meeting-everyone is welcome to attend.](#)

Thank you.
Jill Erikssen
P&C President

**UNIFORM SHOP OPENING
HOURS
TUESDAY
2.30PM—3.30PM
OR
BY APPOINTMENT**

RAE ROAD CARPARK UPDATE

Thank you to all the staff and parents that park in the Rae Road car park for being aware of the signage and parking back from the pathway. Your courtesy means that parents with prams coming into the school through the car park have clear access and are not having to walk through the car park.



SAFETY BAY PLAYGROUP

When: Fridays – 9:00am-10:30pm

Where: W8

All welcome to just come for a chat and a cuppa and get to know other parents and their toddlers. Ms Bell and Miss Venn have kindly allowed us to use their room, so there are lots of things to engage your toddler/baby.

We are under the WA Playgroup Association arrangement, so there are some costs involved, with membership of \$30/family or \$15/family with a Concession Card, which is transferrable to other playgroups run by the association, each year.

We also ask for a gold coin donation, to top up resources.

Look forward to seeing you there!!!

Sharon Young and Sandra Casey



HELP NEEDED!!

We are needing craft odds and ends for our Technology & Enterprise projects in Semester Two.

These will be used to create items to be sold at the school fete, fundraising for camp in 2017.

We need things like: ribbon, wool, beads, feathers, sequins, buttons, thread, fabric etc. Anything we can use to 'create'.

If you can help, please drop materials off at C19.

THANKYOU!

Crunch&Sip®

Our school participates in Crunch&Sip®, a set break to eat fruit or salad vegetables and drink water in the classroom. Students re-fuel with fruit or vegetables during the morning or afternoon - assisting physical and mental performance and concentration in the classroom.

What parents need to do?

To help your child participate you need to provide your child with:

- A clean clear drink bottle that can be filled with water to be consumed in the classroom
- An extra serve of fruit or vegetables each day to eat during the Crunch&Sip® break

What fruit and vegetables are allowed during the Crunch&Sip® break?

All fresh fruits and vegetables, canned fruit in natural juice and dried fruit* e.g. Whole fruits, chopped melon and fruit salad, celery or carrot sticks, cherry tomatoes.

***Note:** Dried fruit contains high concentration of sugar and tend to cling to teeth, therefore increasing risk of tooth decay. Although dried fruit is permitted, fresh fruit or vegetables should be first choice.

Foods that should not be consumed during the Crunch&Sip® break

Foods other than those on the permitted list should not be eaten. Including:

- Fruit leather, roll ups, fruit bars, jams, jellies, fruit pies/cakes, olives, fruit juices and muesli bars.
- Potato crisps, hot potato chips, vegetable pies, pasties, pastries, vegetable cakes or fritters, vegetable quiches, popcorn and vegetable juices.

Remember that only water is allowed to be consumed in the classroom. Juices, cordials, soft drinks or milk drinks are not permitted.

From the Principal:

Nationally Consistent Collection of Data for School Students with Disability

Our school is part of a national project about students with disability and/or learning difficulties.

We have been asked to provide data about the number and learning needs of children at our school. The name of the school and the name of the students will not be reported. Information about the different types of needs and the programs and resources the school uses to overcome barriers and support children with special educational needs will be collected.

We believe it is important to contribute to this because it will help Governments and the Department develop better policies that acknowledge the level of resources needed in schools to meet the needs of all students in Western Australia.

If you would like to learn more about the Nationally Consistent Collection of Data for School Students with Disability you can visit this website:

<http://det.wa.edu.au/supportforschools>

2016-2017 ENTERTAINMENT BOOK



Entertainment Books available at office or online - Help us fundraise!

The 2016/2017 Entertainment Book is now available to purchase. There will be limited numbers of both the printed book and the digital version available so make sure you get in early so you don't miss out!

<https://www.entertainmentbook.com.au/>

On Friday we are having a 'Purple for Persistence Day'. This is one of the keys for success covered by the 'You Can Do It!' program. We are asking all students and teachers to wear something Purple.



Teaching young kids persistence

Banging the piano lid shut in a crescendo of rage 10 minutes after practicing new scales. Crumpling up the math worksheet into a small ball of frustration. These are the times that try parents' souls — those tearful and tempestuous moments when kids simply give up.

If these episodes are hard for parents to witness, consider how our children feel. They are trying something new and difficult and — in their minds — failing. In truth, this is an ideal teachable moment, when we can help our children understand that, no matter how new or difficult, challenges are achieved through patience, practice, and effort.

"Perseverance, or work ethic, is one of the most highly correlated traits of success," says child educational consultant Michele Borba, the author of [The Big Book of Parenting Solutions](#). Persistence is something children need to succeed in school and life. A [2007 paper](#) from the Journal of Personality and Social Psychology found the ability to persevere may be as essential as talent or IQ to succeed. The good news? Persistence is a trait that can be taught and learned. It's just a matter of knowing how to help your children — and not giving up on them when they give up on themselves.

Talk about it

Elementary school-age kids benefit from regularly hearing about persistence. So teach them different ways to talk about problem-solving: "I won't quit," "I can do it," and "It's always hardest the first time, but it will get easier." Borba also suggests coming up with a household "stick with it" mantra, explaining that families that maintain an overall attitude of "We can do it" tend to face obstacles and mistakes with grace and ingenuity. Some favourites: "Mistakes don't get us down" and "The family that doesn't quit!" Finally, tell stories either from your own life or read to your child about succeeding despite the obstacles. The all-time "I can do it" early-reader classic? [The Little Engine That Could](#).

Resist rescuing

When we see our kids having a hard time because they aren't succeeding, it's tempting to jump in to make it all better. But remember: We learn by trial and error. By giving kids a chance to fail, we also give them the pleasure of succeeding on their own. The next time your children have a problem and ask you to solve it, don't. Instead, sit down and ask them to think of a solution. This gives your kids time to cool down and teaches valuable problem-solving skills. And while it's tempting, when playing games — be it Snakes and Ladders or old maid — refrain from letting children win just because they'll be unhappy if they don't. Playing fair and square teaches the important life lesson that, in games as in life, sometimes you're going to fail before you win.

Nurture a hobby

Children who have a passion learn the pleasure of practicing and improving at something they love. Support your children's interests. Help them check out books at the library on subjects they love. Not only are they learning firsthand the value of mastering something through effort, they may also be preparing for their adult vocation.

Watch out for the "I can't do it" triggers

Do your kids seem to blow up at a certain time of day? Often, says Borba, kids get frustrated and give up at a task simply because they are tired, hungry, or just need some time to unwind. So make sure your children are well fed, get enough sleep, and have a chance to play before settling down to a chore or homework. By explaining that they're strengthening their minds and bodies to be ready for the task at hand, young kids will learn to fortify themselves before turning to a challenge.

Remember: Young kids often blow up when they can't get something right. Avoid recrimination ("I told you this would be hard") or reacting with your own, sometimes justifiable, anger ("Don't yell at me just because you can't do your spelling!"). If you lose your cool, walk away for a moment. Also, suggest your children take a break — running around the house to "get the angries out" — then return after calming down.

Push them ... just a little

This is one of the trickiest but most essential ways to work out children's persistence muscles. It's tempting for older kids who do something well to stay in their comfort zone and never venture beyond that point. Push them to try just a little bit harder next time. For this purpose, kitchen timers are a parent's best friend. So if your kids practiced their music for 10 minutes this week, set the timer for 15 minutes the following week. Don't forget to offer words of encouragement: "You did great practicing 10 minutes. Let's see if we can make this a little more challenging for you."

KidsMatter continued over.....

KidsMatter continued.....

But don't make the expectations too great

While you do want to encourage kids to try harder, don't make your expectations exceed their ability to succeed. If you see your children failing more often than not and feeling the sting of disappointment every time, ask yourself if you are setting the bar too high. Is the soccer team too advanced for your kids? Are you so much better at Scrabble Jr. that your children can never win? If the answer is yes, it's time to lower the bar so your children experience just the right challenge.

Remind them of their successes

"I'll never be able to do it!" Chances are you've heard your children utter this mournful cry of defeat. At times like these, make kids the hero of a story. Remind them of the triumphal times they had trouble doing well at something but kept their eyes on the goal and succeeded. "Remember when you were terrified of swimming but stayed with your lessons and ended up loving them?" This kind of pep talk is often just what kids need to try, try again. And when your children hang in there, point it out. "You stuck with your homework even though it was hard. You should be really proud."

Our kids matter.

KidsMatter helps our school nurture
happy, balanced kids.

KidsMatter

Australian Primary Schools
Mental Health Initiative

kidsmatterprimary.edu.au

OSHClub News

Before School / After School Care Program



OSHClub would like to say welcome back for term three!

This week we have welcomed back all our children from previous terms and we have also welcomed lots of new faces. We have loads of exciting activities planned over the next few weeks and can't wait to get stuck into them.

This term we would also like to welcome our new Coordinator Carol-Anne. Carol-Anne has been working in child care for eight years and has a strong passion for working with children and helping to develop their strengths and interests. She currently holds a Diploma in Early Childhood Education and Care and is in the process of obtaining her Supervising Officers Certificate. Carol-Anne is very excited to get to know everyone in the program.

If any families are interested in joining us for before and afterschool care please don't hesitate to come see Bree or Carol-Anne and discuss any questions you may have. Alternatively you can visit our OSHClub website at www.oshclub.com.au.

We look forward to the term ahead
Safety Bay OSHClub team.



OSHC program phone: 0419695783

Coordinator: Bree-Anna Hamilton

OSHClub Head Office: 03 85649000

All families must be enrolled to attend the program, remember this is Free!! Please create an account online at www.oshclub.com.au all bookings and cancellations can also be managed via your online account. For on the day bookings please contact the Coordinator direct at the program.

**OSHClub will be operating on Staff
Development Day -
Monday 1st August, as per usual.**

OUR SCHOOL CHOIR IS PERFORMING AS ONE BIG VOICE

AT PERTH ARENA

FRIDAY AUGUST 12, 2016

PRE-CONCERT ENTERTAINMENT 6-6-30PM, CONCERT 6.30-8.30PM

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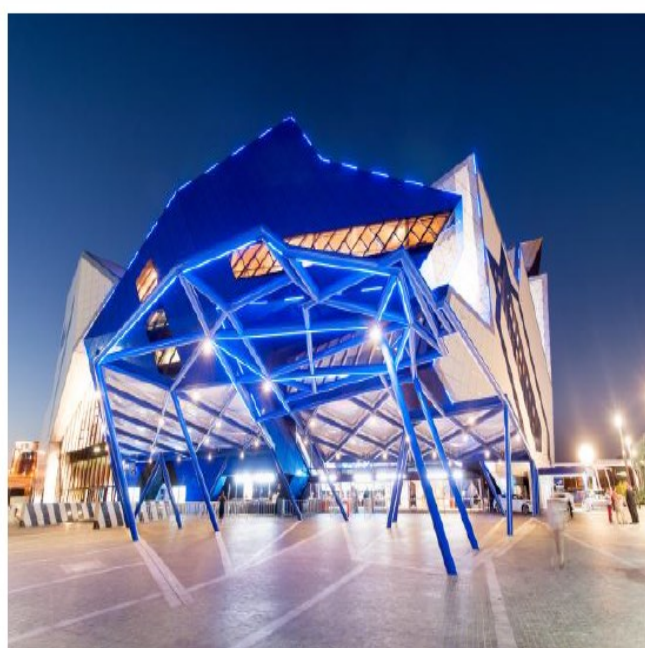
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ONE BIG VOICE

COMMUNITY NEWS

NOTICES FROM OUR COMMUNITY:
Safety Bay Primary School does not endorse nor assume any responsibility for the information provided.



TEEBALL & BASEBALL



WITH THE ROCKINGHAM RAMS BASEBALL CLUB
AND THE ROCKINGHAM RAPTORS TEEBALL CLUB

TOGETHER, we invite all boys and girls aged 3+ years to come down to the park and try Teeball & Baseball at our **HAVE A GO DAYS!**

WIN YOUR PRIMARY SCHOOL
A \$500 DIAMOND SPORTS PACK

HAVE A GO DAYS

The Primary School who has the most attendances to the "HAVE A GO" Days will win a Diamond Sports Pack to the value of \$500.

A range of skills and drills of hitting, catching, throwing will be run by our accredited coaches.

When: Saturday 13th August & Sunday 21st August 2016
What Time: 9.00am to 12.00pm
Where: HOURGLASS RESERVE, Gascoyne Way Cooloongup
How Much: FREE



For more information contact:

Troy 0417 938 149 E: tnflynn6@bigpond.com or Harmony 0432 961 294 E: al4linky@y7mail.com

Our Clubs offer **FULL Diamond Sport INTRA CLUB Progression** from Pee Wee **TEEBALL** (age 3) through to Senior **BASEBALL** (age 99)



Relationship Education

Life Can Be Tough- Bend Don't Break

Workshop Overview:

Lifetime wellbeing for individuals, families and communities has been linked to developing resilient behaviours. But what does resilience look like? It is definitely not a matter of being tough in every circumstance no matter what life throws at you; and it is not a fixed trait which a lucky few inherit. This seminar will give you the opportunity to explore how resilience contributes to your health and wellbeing as well as some practical ways to enhance your resilience throughout your life.

ROCKINGHAM

Venue: St Nicholas Centre, 14 Council Avenue,

Date: Wednesday 19th October

Time: 6.15 - 8.30pm

Cost* \$18.50

Register today
9263 2121
or email education@anglicarewa.org.au
or visit anglicare.org.au



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RELATIONSHIPS

Languages of Love and Teenagers

Workshop Overview:

Many people find it easier to demonstrate love to younger children but it may seem difficult to connect with teenagers. This seminar explores the love languages and how parents might communicate their love to their teens and young adults.

Date: Wednesday 7 September 2016

Cost: \$18.50

Time: 6.15pm -8.30pm

Venue: St Nicholas Centre
14 Council Avenue
ROCKINGHAM

Register today

9263 2121

or education@anglicarewa.org.au

or visit: anglicarewa.org.au/relationships



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