



Safety Bay Primary School

Respect, Responsibility, Reflection, Relationships, Resilience

From the Principal

Newsletter 12
26 August 2015

Principal's Word

I am sure all parents are aware of just how difficult things are in terms of finances at the moment and the school certainly needs to become more conscious of spreading out events and payments. As parents you are able to make decisions about the types of activities and events you may wish to involve your child in and with. The disappointing aspect to the school finances is the percentage of parents who don't pay their voluntary contributions. Less than 50% of parents have paid their contributions so far this year. This means we have not received \$22 059 worth of funding toward the school. Since the new school has been built, the school has missed out on over \$100 000 worth of funding that teachers could have utilised in classrooms for student learning. If you are unsure if you have paid your voluntary contributions, don't hesitate to contact the office to ask. Every cent makes a difference.

Cross Country

In the last newsletter I mentioned the students were competing in the Interschool Cross Country. Well they not only competed extremely well, they won. The most impressive thing about the day was the way the children ran and pushed themselves right to the end. We had a large proportion of the competitors overtaking other runners in the straight which helped the team and therefore us to win. Mrs White spent a lot of time organising and preparing the children through 'Runners Club', which obviously worked. Well done Mrs White and the team.

P&C Meeting

I would like to thank and congratulate the P&C for the work they are doing and have done for the students in this school. The time and effort put in by these individuals, ably led by President Jill Erikssen, is extensive and they do it very willingly. You can assist by simply being a member and helping out with events during the year. Many hands make light work.

Art Exhibition

Over the last fortnight, the students have been displaying art work at the Art Exhibition Centre in Kent Street Rockingham. This was a P&C instigated program organised and coordinated by Carmen McSporran and Viv Blycha, members from our P&C. They have been supported extensively by Tamara Toghil, Jill Erikssen, Elleke Bosworth and others who have provided time during the exhibition. I can't thank the ladies enough for the extensive work they have undertaken and the brilliant presentation. I know the children are so very proud of what they have created, which they should be. Mr White, Mrs Langeard as well as the Kindy and Pre Primary teachers assisted the students with their presentations. The exhibition, which we have some photos of in the newsletter, looked so professional and those of you who have had the opportunity to attend would support this I'm sure. The paintings are able to be purchased for \$10 by parents. They would be great to own as a keepsake or as a present for other family members. Those not purchased will be displayed on the Learning Journey next week (September 3rd) and can still be purchased through the P&C. The hope is that enough will be sold to cover the cost of the event. Any extra funds will be put toward the installation of a school fence around our oval at the northern end of the school.

Safety Bay Playground Project

This program, which has been strongly supported by our P&C, has been implemented for the early year students. It has been very successful so far and the children have been designing, building, creating and playing using all sorts of equipment. The students are engaged in play and have come up with some fantastic ideas. We continue to build on the type of equipment provided and the number of students participating. Mrs Allen, Mrs Casey and the KidsMatter team have done an outstanding job in providing for the students in Years 1 and 2 at Safety Bay Primary School.

Learning Journey

Next Thursday the school will be holding a Learning Journey which we hope will become an annual event on the school calendar. It is to be on Thursday 3rd from 5:00pm to 7:00pm. Parents are invited to visit their child's classroom to view the work as well as watching a leader ball display (parents v students if we can get enough volunteers) and Choir and Dance performances. I need to emphasise with all parents and carers that this is **NOT** a time for teacher interviews. Your child will show you their work and discuss this with you. You will be provided with a reflection sheet to complete and can indicate if you would like an interview at a later date. **The Year 6 students will run a sausage sizzle and sell drinks to help raise funds for their school camp in term 4. We look forward to seeing as many parents as possible on the day.**

Quote: "If you are ever going to see a rainbow, you have got to stand a little rain."

Wayne McKay
Principal

IMPORTANT DATES

Fri 28 Aug
- Assembly W8
Group A
- Favourite Book
Character Dress
Up Day

Tues 1st Sept
- Year 5&6 CC
Education
Incursion
- Year 2 Maths
Tabloids

Wed 2nd Sept
- Years 5&6 Spring
Carnival

Thurs 3rd Sept
- Learning Journey
5.00pm to 7.00pm

Fri 4th Sept
- Years 5&6 Maths
Tabloids
- Funky Friday

Tues 8th Sept
- NAIDOC Day
Celebration

SMS Communication For Absences

SMS Mobile Number
0437 418 753



2 Waimea Road, SAFETY BAY WA 6169
Ph: 08 9528 3680 Fax: 08 9592 4789
Website: www.safetybayps.wa.edu.au

School Security
9264 4771



MERIT CERTIFICATES ASSEMBLY 14th AUGUST



Congratulations go to the following students, the latest recipients of our prestigious Merit Certificates. Well done!!

W4 W4	Seth Rikki	Dennis Ruby
W3 W3	Jordyn Khloe	Natalie Oren
S6	Fionn	Jyse
P8	Tyson	David
P7	Tesla	Ysabella
C12	Maddi	
C13	Erin	James
C14	Lincoln	
C19	Emijhin	James
C20 C20	Rowan Kiwa	Chloe-Elise



**FRIDAY 28TH AUGUST
DON'T FORGET TO COME DRESSED
AS YOUR
FAVOURITE BOOK CHARACTER FOR
BOOK WEEK**

KIDS HEALTH

Eating out

- ⇒ Takeaway foods can make life much easier when you are on holidays, stretched for time or haven't been able to do the grocery shopping. Some takeaways are high in fat and salt. When choosing takeaways, use it as an opportunity to educate your children about why you have made a healthier choice.
- ⇒ Some food outlets offer 'upgrades' to larger serves. Think before you order and decide if you really need a larger meal and the extra kilojoules, fat and sugar that come with it.
- ⇒ Avoid ordering the same foods at lunch from the canteen or only eating your favourite foods.
- ⇒ There are heaps of healthier takeaway options to choose from. Try sushi, pita wraps, baked potatoes, souvlaki, kebabs, vegetable or seafood pizzas, tabouli, falafels, steamed rice with vegetables, baked chicken, grilled fish and steamed dim sims.
- ⇒ Healthier desserts include fruit salad and fruit smoothies.

SUPPORT OUR SCHOOL

The 2015/2016 Entertainment Book is now available to purchase. Please support our school. We receive \$13 from every purchase.



www.safetybayps.wa.edu.au

P & C NEWS

The Safety Bay Primary School Art Exhibition was the idea of two of the P&C mums...Viv Blycha and Carmen McSporran. The Exhibition has been a great success with over 300 people attending in the first four days. Thank you to Viv and Carmen for planning and organizing this amazing exhibition. Thank you to all the volunteers who have helped Viv and Carmen with the Exhibition.

We understand that not everyone has been able to make it to the exhibition so there is still an opportunity for parents to purchase their child's artwork for \$10 from their child's class teacher. This opportunity will end on Friday 11th September. For those parents who purchased artwork, they may now be collected from the classroom.

People's Choice Award for each year group will be announced at the next assembly on Friday 11th September. The winner will receive a book which was kindly donated by author, Wendy Binks. Thank you to all those who took the time to vote on their favourite artwork, there was some wonderful artwork and it was difficult to choose.

As with any new event, there will always be ways to improve for next time. If you have any suggestions or feedback for the P&C fundraising team, please email safetybayprimaryfunraising@hotmail.com

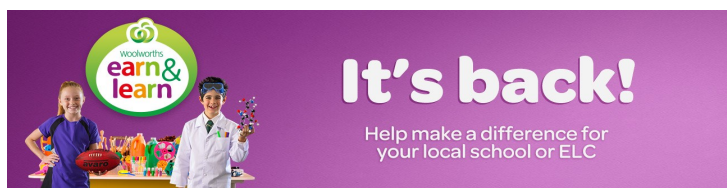
All members of the school community are invited to the next P&C meeting on Thursday 10th September at 1.30pm in the staffroom.

SCHOLASTIC BOOK FAIR



Thank you to the Safety Bay Primary School Community for their support of the Scholastic Book Fair.

As a result of your generosity the Library has received \$1286 worth of books and prizes.



Woolworths Earn & Learn has returned for 2015. We'd like you to participate again and the school will receive valuable resources. Collect Earn & Learn points for every \$10 spent at Woolworths. Place your [Points Sheet](#) in the collection box, either at school or at Rockingham or Waikiki Woolworths. The program closes on Tuesday 8th September. Get all the family involved, Nan & Pop, Aunties and Uncles.

Happy shopping!!



Supporting children to cope with stress

Children who cope better with life's everyday setbacks develop good mental health and wellbeing. Some ways adults can support children's developing coping skills include:

Optimising children's positive experiences

- Keep stress within a manageable everyday range.
- Arrange opportunities for 'ups' that involve fun, joy, and pleasure which provide a bank of positive emotions to buffer against life's everyday 'downs' that may involve hurt, disappointment, frustration or conflict.

Helping children develop optimism

- Children learn by observing others. Show them how to be optimistic by your own attitude and what you say when things go wrong for you.
- Look for solutions and avoid blaming others or yourself.
- Give children opportunities to succeed.
- Give realistic praise and encouragement.

Helping children to reframe their unhelpful thoughts, feelings and behaviours into helpful ones

- Help children turn setbacks into a drive to try again
- Help children to think positively. For example, "I know that puzzle was hard today, but yesterday I saw you get a hard puzzle out. You kept trying until you found the right place to put the pieces."

Reconnection and repair when things go wrong

When things go wrong between parents and carers and a child, the most important thing to do is to reconnect and repair the relationship. This is not only essential for the child's mental health and wellbeing but also enables them to learn to deal with relationship problems. It may not be possible to reconnect right at the time because of strong feelings, but as soon as you can, offer a hug and some words to show that you understand and accept how the child felt.

HAPPY principles

The HAPPY principles also offer some ways to help your child have an optimistic outlook and are outlined in the table below:

Congratulations to Tayten (C15), Michael (C19) and Jessica (C15), who competed in the 2015 School Champions Cross Country at UWA Park on, Friday 14th August. They were the only representatives from Safety Bay Primary School.

- Michael placed 40th out of 229
- Tayten placed 89th out of 249
- Jessica placed 192nd out of 237.

Well done on an outstanding effort by all three students.



*Joy is not in things, it is in us.
Richard Wagner*

Have a go	Accept both success and loss	Practise	Plan for the best outcome	Getting to Yes!
Break tasks and games into manageable pieces so children can succeed. Try to celebrate your child's successes.	Keep an eye on your helpful and unhelpful thinking as this may influence your child.	Allow your child to watch you practise and persevere at activities you enjoy. This will teach your child to do the same.	Encourage children to think situations over and choose outcomes that are enjoyable and build confidence.	Optimism and resilience arise from succeeding even after setbacks

2015 RASSA CROSS COUNTRY

Chilly but fine conditions greeted our team of nervous, but eager participants at this year's annual cross country event held at the rugby grounds and surrounding walk tracks at Lark Hill on Wednesday, 12th August.

It was a huge event once again – with all **12** schools in the RASSA organisation in the Rockingham area represented at the carnival. This meant that there were up to **100** children in each race – an amazing spectacle at the start of the races. The Lark Hill course is a very challenging one – requiring the children to run up and down hills, some parts on a rocky or gravel surface. **All** of our participants did a superb job running as well as they could.

Points for the first four runners over the line for each school in each race are added together to determine who is the champion cross country school, as well as the top team for each year level. There were some amazing individual and team efforts which resulted in our school finishing **FIRST** overall this year – an impressive achievement in a hugely competitive field! It was a tight competition, with the win only being 1 point in front of Port Kennedy.

Final school positions were:

- 1st - **SAFETY BAY – 847**
- 2nd - Port Kennedy - 846
- 3rd - Rockingham Beach – 702
- 4th - Rockingham Lakes - 644
- 5th - Charthouse – 607
- 6th - Waikiki - 598
- 7th - Koorana - 563
- 8th - Bungaree - 499
- 9th - Hillman - 491
- 10th - Cooloongup – 445
- 11th - East Waikiki - 432
- 12th - Warnbro - 359



All the children should be extremely proud of themselves – even to make it to selection in such a gruelling event is a credit to them. All races were 2km.

These children finished in the *top 30* of their race:

- Year 4 Girls – Jessica (C15)– 21st
 Siobhan (C14)– 25th
 Felicity (C16)– 28th



- Year 4 Boys – Tayten (C15) – 3rd
 Lincoln (C14) – 8th
 Zander (C15) – 9th
 Ethan (C15) – 15th
 Dylan (C16) – 18th
 Brad (C16) – 21st



- Year 5 Girls – Daryl (C19) – 1st
 Helena (C17) – 6th
 Tay-Kesha (C17) – 11th
 May (C18) – 13th
 Milla (C19)– 17th
 Angelina (C17) – 26th



- Year 5 Boys – Michael (C19) – 1st
 Jessie (C17) – 9th



- Year 6 Girls – Kala (C20)– 1st
 Ella (C21) – 2nd
 Taja (C21)– 5th
 Tiana (C21) – 7th
 Eloise (C20) – 14th
 Bianka (21) – 15th
 Emilie (C21) – 18th



Continued on next page.....

Year 6 Boys – Joe Ware (C20)– 1st
James (C21) – 9th
Oz (C21) – 16th
Brodie (C20) – 18th
Couper (C20) – 29th

Each event also has a champion team with the school receiving the most points for that event earning the pennant. Looking at the above results it's not difficult to see why our **YEAR 4 BOYS, YEAR 5 GIRLS and YEAR 6 GIRLS** won the pennant for their race! Again, huge congratulations to all our competitors – EVERYONE'S points were instrumental in our win!

A big thank you to the parents who came and supported on the day and *especially* to Blythe Carter (who assisted a number of children from other schools who were struggling on the course), Nicki Satherley and Vanessa Kavanagh who were course marshals on the day, Anthony Boyd and Zoe Wilson who helped with the packing up and Mr White and Mr Jones who set up our tent early in the morning. Thank you also to Mrs Aislabie and Mr Lehmann for their assistance at the carnival.

A great day all round!!

Mrs White
Physical Education Teacher



Celebrating Science Week P7 Science Garden



On Friday the 8th of May 2015, we planted tomatoes, beans and pea seeds. We have watered, weeded and labelled our plants. We are measuring the growth.

By Nicholas.



On Friday 8th May, we planted tomato, bean and pea seeds. We have watered, weeded and labelled our plants. We are measuring the growth of our plants. Plant 1, a tomato, has grown from 11cm to 14cm high in 2 weeks. The width was 12cm and now it is grown 3cm wider in 2 weeks.

By Nikita

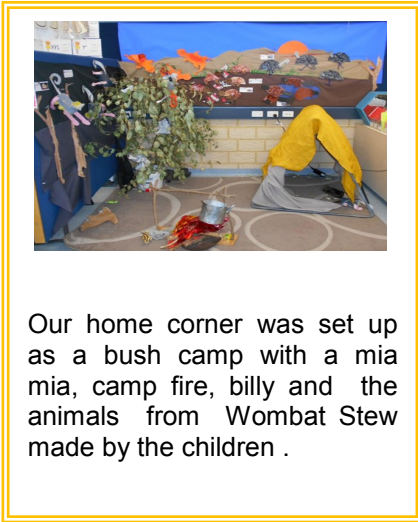


On Friday the 8th of May 2015, we planted tomatoes, beans and pea seeds. We have watered, weeded and labelled our plants. We are measuring the growth of plants.

By Kayla



WM 5 Book Week



Our home corner was set up as a bush camp with a mia, camp fire, billy and the animals from Wombat Stew made by the children.



Using the bush camp as a stage each group of children acted out the Wombat Stew story using puppets.

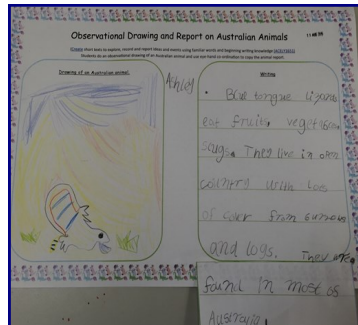
- The stories of Wombat Stew and Possum Magic were used as the base to many of our activities:
- Report on an Australian animal
 - Painting and oral retell of story of Wombat Stew
 - Observational drawing of Australian animals
 - Making Wombat Stew masks
 - Wombat Stew puppet show
 - Collaging our own Wombat Stew Big Book
 - Painting favourite part of Possum Magic and write a postcard
 - Mapping landmarks of Australia



Each learning centre group chose a page to collage from the book Wombat Stew using many different materials.



Students painted their favourite part of Possum Magic, and wrote a postcard.



Students picked their own Australian Animal to write a report on and draw an observational drawing.



Students created their own Wombat Stew.



Using the books Wombat Stew and Possum Magic, we are mapping landmarks around Australia.

PALM BEACH



PANTHERS LAC

(FORMERLY KSTARS LAC)

COME AND TRY LITTLE ATHLETICS BEFORE REGISTRATION DAY

ON TUESDAY 1ST SEPTEMBER

AT 3:30PM ONWARDS

AT STAR OF THE SEA SCHOOL OVAL



REGISTRATION DAY SATURDAY 5TH SEPTEMBER

AT HOUR GLASS RESERVE, MURCHISON WAY, COOLOONGUP

FROM 10AM -1PM

TRAINING TUESDAYS 4:30-6PM

COMPETITION ON SATURDAY MORNINGS STARTING 3RD OCTOBER

EMAIL PALMBEACHPANTHERS@GMAIL.COM FOR INFO

celebrating the 2nd anniversary of our
authentic style market

9am - 1pm sunday sept. 6th

It's also Father's Day so.....a free gift for the DAD's that come along
plus a busker & a great backyard atmosphere for the whole family to enjoy!
come along to support charity & support local

Belles

locally designed,
hand made & home grown

Market

1st Sunday of Every Month

Watts Road, Shoalwater

9am - 1pm

cwasafetybaybelles@gmail.com



#cwasafetybaybelles

Squisher and Squasher

The Great Bug Hunt



KOORLINY ARTS CENTRE
SEPT 5, 11AM & 2PM
koorliny.com.au or 9467 7118



Stage show & crafty fun

Children \$9
Adults \$5

NOTICES FROM OUR COMMUNITY:

Safety Bay Primary School does not endorse nor assume any responsibility for the information provided.



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PRIMARY AGE YOUTH GROUP

Come along to Youth Group on Friday nights!
Enjoy games, make friends,
learn Scripture, eat supper.
(Planned and supervised)



Who: Years 1-6
When: Friday nights, 6-7:30pm (school terms)
Cost: \$2 donation p/child (or \$4 p/family)
Dress standard: Casual (neat and respectable)
Where: Rockingham Church of Christ,
cnr Rae Rd & Frederick St, Safety Bay
9592 2495 www.rockinghamcofc.org.au



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