



Safety Bay

Primary School
Independent Public School

Safety Bay Primary School Newsletter 18 - 17th November

Dear **Subscribers Name**

This fortnight's news from Safety Bay Primary School is now available to view [online](#).

[Term 4 Planner](#)



Principal's Word

Time is flying here at Safety Bay Primary School, with only four weeks to go until the end of another school year. It has been a busy couple of weeks for students and staff with many assessments being carried out to help finalise the end of year student reports.

This year, we will be sending reports out to parents via email and/ or Connect. If you do not have access to these services and need a paper copy, please inform your child's classroom teacher or the front office.

RASSA Interschool Athletics

Last week, I attended the RASSA Interschool Athletics Carnival at Hourglass Reserve. Throughout the day, I observed students displaying many of the 'You Can Do It' dispositions and the 5 R's that we speak so much about in the classroom and playground. The individual and team performances were very impressive and we ended the day as overall champions which was a fantastic result. Mrs White and the many staff involved had the students ready for every event and the attitude from our students, win, lose or draw was outstanding. It was great to see so many families there to support the team and help out where necessary.

Safety Bay Primary School 75th Birthday

To acknowledge 75 years of education at Safety Bay we will be holding a short assembly on Wednesday 29th November to share some of the school history with students. Students will then proceed to the oval where we will be having an aerial photograph taken of the staff and students to commemorate the 75th year of schooling.

Transition Day

Class lists are currently being finalised for 2018 in readiness for our transition day on Friday 1st December. Like most schools around the state, we are still in the process of finalising teacher placements for next year but will have the majority of the 2018 staff here on the day to meet their new classes. Those classes whose teacher is currently on leave or in regional WA, will still have a teacher to facilitate a range of activities to enable students to meet their new classmates and familiarise them with their new classroom. Our year six students will be attending a high school transition day and we will have our new Kindergarten students on site as well which is always exciting.

Notes will be sent home on Thursday 30th November, letting you know which class your child is in so they can go to that class the next morning. Lists will also be placed around the school and staff will be available to make sure all students make it to their new classes in the morning.

2018 Planning

Enrolment numbers are the major influence on our funding and as we near the end of the year, the need to be as accurate as possible for next year is very important. If you are intending to leave and have not yet informed our front office staff please do so as soon as possible. If you know of families moving to the area who are intending to send their children to Safety Bay Primary School, please let them know to come in and enrol to ensure we can cater for them in 2018.

Phil Sprigett

Principal



Merit Certificate Recipients

Assembly - Friday 17th November

Congratulations go to the following students, the latest recipients of our prestigious Merit Certificates. Well done!!

Assembly - Friday 17th November

Congratulations go to the following students, the latest recipients of our prestigious Merit Certificates. Well done!!

W1 - Sonny

W2 - Will

W3 - Oscar and Indie

W4 - Alby and Sonny

W5 - Blake and Braxton

W8 - Ayla

S3 - Jack and Annabelle

S4 - Benjamin and Malachy

S6 - Damien and Ethan

S7 - Hannah

P7 - Saffia

P8 - Ronnie

P9 - Mack

P10 - Rhylee

C12 - Blake

C13 - Dani

C14 - Mikayla

C15 - Kynan

C16 - Sam

C17 - Peata

C18 - Jordyn

C19 - Tajh

C20 - Jovi

C21 - Jessica

LOTE - Bridget C21

Phys Ed - James C19, Brooklyn C19, Skye C21, Shae C21



2018 Booklists, Contributions and Charges

2018 Booklists, Contributions and Charges have been distributed through your child's class today. Please remember to check their school bags for these important notes.

Families that order their 2018 booklist requirements before 17th January 2018 and tick the box to pay their Voluntary Contributions go into the running to win a \$50 credit on your child's billing account.

Credit will be awarded to two students per year group and winners notified term one 2018.

If you require further copies of the 2018 booklists they will be available to download from the website or from CONNECT.



KidsMatter New Classroom

With transition day coming around fast there will be some children and families feeling apprehensive and some who will feel quite excited. All these feelings are normal however, we need to prepare our children for the change.

Children who look at this challenge in a positive way:

- Feel comfortable, relaxed and valued
- Feel excited and motivated to learn
- Have good relationships with others
- Develop a sense of belonging within the school community.

Children and families can start to prepare the year before. The school is also supporting this by having a transition day this year. There are a number of changes for children and families and everyone reacts differently.

For some children the change brings excitement about making friends and learning new things, while for others the change can leave them feeling nervous and overwhelmed. You may reflect on your own school experiences and be reminded of the mix of emotions you felt when starting school.

Families play an important role in supporting children to manage the transition to a new class. With the support of your child's school teacher, you can help them to cope with the new challenges by developing their social, emotional and learning skills. Supporting your child's skills in these areas contributes to their mental health and wellbeing.

Children who are mentally healthy are better learners, have stronger relationships and are better able to meet life's challenges.

Managing change during transition

Learning from other transitions

Your child has most likely already experienced several transitions in their life. These may include starting preschool, going on holiday, moving house or welcoming the addition of a new brother or sister. These experiences can help children develop skills for managing new situations such as starting school. They can also help you get to know how your child copes with change. You may like to think about:

- What has helped your child manage other transitions and changes in their life?

- How have you supported them to cope?
- How can you utilise your child's early childhood educator and school teacher to support this process?

How to deal with new class worries:

Encourage your child to share his or her fears.

Ask your child what is making him or her worried. Tell your child that it is normal to have concerns. Before transition, set up a regular time and place to talk. Some children feel most comfortable in a private space with your undivided attention (such as right before bed, or during mealtime). Teens often welcome some sort of distraction to cut the intensity of their worries and feelings (such as driving in the car, or taking a walk).

Avoid giving reassurance...instead, problem-solve and plan! Children often seek reassurance that bad things won't happen in order to reduce their worry. Do not assure them with "*Don't worry!*" or "*Everything will be fine!*" Instead, encourage your child to think of ways to solve his or her problem. For example, "*If (the worst) happens, what could you do?*" or "*Let's think of some ways you could handle that situation.*" This gives you the opportunity to coach your child on how to cope with (and interpret) both real and imagined scary situations. You will also be giving your child the tools he or she needs to cope with an unexpected situation that might arise. Here's a sample script for engaging your child in problem-solving and planning (instead of giving reassurance):

Role-play with your child. Sometimes role-playing a certain situation with your child can help him or her make a plan, and feel more confident that he or she will be able to handle the situation. For example, let your child play the part of the demanding teacher or bullying classmate. Then, model appropriate responses and coping techniques for your child, to help them calm down.

Focus on the positive aspects! Encourage your child to re-direct attention away from the worries, and towards the positives. Ask your child, "*What are three things that you are most excited about for your transition day at school?*" Most kids can think of *something* good, even if it's just eating a special snack or going home at the end of the day. Chances are that the fun aspects are simply getting overlooked by repetitive worries.

Pay attention to your own behavior. It can be anxiety-provoking for parents to hand over care and responsibility of their child to teachers. Children take cues from their parents, so the more confidence and comfort you can model, the more your child will understand there is no reason to be afraid. Be supportive yet firm. When saying goodbye in the morning, say it cheerfully – once! Ensure you don't reward your child's protests, crying, or tantrums by allowing him or her to avoid going to school. Instead, in a calm tone, say: "*I can see that going to school is making you scared, but you still have to go. Tell me what you are worried about, so we can talk about it.*" Chances are, your child is anxious about something that requires a little problem-solving, role-playing, planning, and/or involvement from the teacher.

Our kids matter.

KidsMatter helps our school nurture happy, balanced kids.

KidsMatter

Australian Primary Schools
Mental Health Initiative
kidsmatterprimary.edu.au



2017 Interschool Athletics Carnival

A well-earned congratulations needs to go to all our competitors who



attended the annual RASSA Interschool Athletics Carnival on Wednesday 9th November.

Their enthusiasm and endeavour were evident all day and they achieved an outstanding victory as you can see below.

Safety Bay were in the “A” Division Carnival (“B” and “C” were held on other days) against the strong schools of Port Kennedy, Waikiki and Charthouse.

We had 75 participants attend from our school with individuals competing in jumps, team and running events ranging from 80m to 400m.

The team events were Flagrace for the years 1 – 3s and Passball and Leaderball for the year 4 – 6s which were all worth double points and of course the always exciting relays.

Safety Bay had some amazing individual and team competitors and in the end it was a resounding win to our school. The outstanding performances in the team games and relays assisted in a wonderful result for Safety Bay.

The final results were:

1st Safety Bay – 404

2nd Charthouse - 291

3rd Port Kennedy - 239

4th Waikiki - 203

Our individual champions were:

JOSHUA (C16) – Yr 4 Champion Boy

OLIVIA (C14)– Yr 4 Runner Up Champion Girl

DYLAN (C18) – Yr 5 Champion Boy

TERENA (C17)– Yr 5 Runner Up Champion Girl (Tied)

AARON (C21) – Yr 6 Champion Boy

A big thank you to staff who helped out leading up to the carnival and/or on the day. Thank you also to the parents who drove our jumps competitors to the reserve early in the morning and came along to support our children. Another huge thanks to Leanne Hill who presented ribbons all day at the carnival!

Well done to all

Mrs White



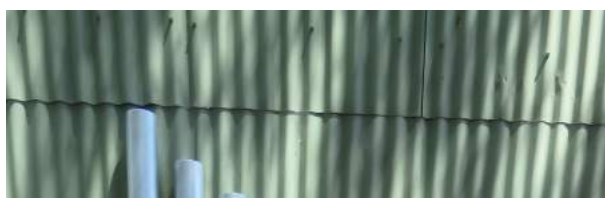
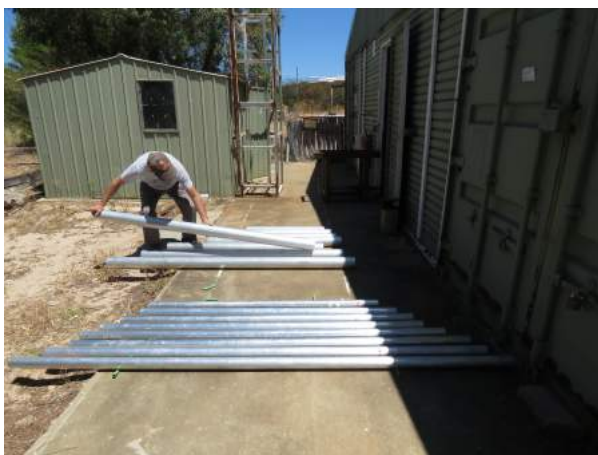


Sound Garden News

There has been a great deal of very exciting work done on the Sound Garden which is to be installed early next year.

Mark Cain has been busy constructing the instruments, including a 'Wave Thong-a-phone' consisting of two sets of large tuned pipes played as a percussion instrument with thongs and a set of 'Sail Chimes' made of large aluminium pipe played with mallets. Works are taking place at the Naragebup Environment Centre workshops. If you would like to be involved in the project please call Mark on 0400 361 096.

The Visual Arts workshops with Peter Farmer on Thursday afternoons have been a great success with fantastic work being created by the families who have been attending. We have co-created a large canvas mural, mosaic designs and clay tiles. Peter will be using elements from these artworks in his final art installation for the Sound Garden. The last workshop will take place next Thursday in the Art Room at 3.15pm - 4.30pm. All are welcome to attend.







Do you have our Bronze Medallion Qualification?

The year 6 graduating class would like to ask if there is anyone in the school community that has their bronze medallion qualification and would be willing to help at the Big Day Out on Monday 11th December from 12.00noon. This will involve supervising small groups of children whilst in the water at Rockingham Beach. A sausage sizzle lunch will be provided. For more information or if you are able to help please contact the school office on 9528 3680.



Extension - Scholastic Book Club

The latest edition of book club is due this Wednesday 22nd however as the year 6s will be at camp next week there will be an extension an extension until 28th November. There will absolutely be no orders accepted after that date as delivery cannot be guaranteed before school finishes on Thursday 14th December.



S.O.U.L Care Soup Patrol

Abigaila and Pyper from C17 came to Mrs Hartley with a request that they do something to assist those in need in the Rockingham area. C17 has since collected a small amount to donate to S.O.U.L., a voluntary organisation that gives out wholesome soup and food to those in need in the Rockingham area. They would like to ask the wider community to help them with this cause. If you have any spare change that you would like to donate the class has a collection jar in C17 or alternatively in the school office.

P&C News

MAD HATTERS DISCO The Disco will be on Friday 1st December 2017. Permission forms for the Disco went home yesterday. Forms and money need to be returned to the P&C box at the canteen by Friday 24th November P&C Meeting The last P&C meeting for 2017 will be on Wednesday 29th November at 7.00pm in the staff room. Everyone is invited to attend the meetings and children are always welcome to come along to the meetings. Thanks Jill Erikssen P&C President
Communication Please like our Facebook page to keep track with P&C news: Safety Bay Primary P&C Noticeboard or you can email us any questions, feedback or comments on sbpspandc@hotmail.com
P&C Meetings P&C meetings are held twice a term in weeks 4 and 8. Please refer to the term planner for meeting times.