



Safety Bay Primary School

Respect, Responsibility, Reflection, Relationships, Resilience

From the Principal

Newsletter 08
04 June 2014

Principal's Word

Positive Parenting

One of the great things about Safety Bay Primary School is the support parents provide to the staff and students at the school. There have been a couple of incidents lately where students have been mistreated by other students in the school and the Administration has had to become involved. On each of these occasions, the parents have followed the school process of either speaking to the class teacher or coming to the office to discuss their concerns with the Admin. If you have not heard me state it before I will reiterate again **that to ensure every child achieves to their full potential, it has to be a team effort between the school and home.** I wish to thank these parents for helping to ensure there is a team approach in caring and supporting your child.

P&C

At the last P&C meeting the secretary, Zoe Savill, advised that she will be stepping down as secretary at the next meeting. An election will be held for a new secretary at the meeting on 19th June 2014. I would like to thank Zoe for the work she has done in the short time as secretary and we wish her and her family all the best of luck.

Saver Plus

The Saver Plus program provides lower income families with up to \$500 for their education costs and also helps families to develop a savings habit and build their financial skills, knowledge and confidence.

Since Saver Plus came to WA in 2010, the program has benefited nearly 400 families in your local area, assisting them to save over \$100,000.

If parents are eligible and join the program, they open a savings account and commit to saving every month for 10 months. At the end of the program their savings are matched, \$ for \$, up to \$500 and the matched funds is to be used for education costs (e.g. school uniforms, booklists, camps/excursions, a laptop).

"The Saver Plus program is a great way to get assistance with the important things your kids need. Who wouldn't want to receive \$500 to help with the cost of their child's education needs? It's money for nothing! Saver Plus teaches you good, life-long money habits you can use and also pass on to your children." - Vicki, Saver Plus participant.

For more information see flyer on Page 5 of this newsletter.

Eagles and Fever Cups

The Year 6/7 students have been doing very well with the Eagles and Fever Cups competition over the last few weeks. The students have three more games, two of which are at our school. The games start at approximately 1.20pm on our oval and netball courts. The kids would love for parents to come and watch them as they play against local primary schools. This week's game is against Hillman Primary School.

Quote: People with integrity are like fingers, you can always count on them.

Wayne McKay
Principal

IMPORTANT DATES

Fri 6th June
Assembly S5 & S6
Group A
Eagles/Fever Cup
Home—Safety Bay

Wed 11th June
Winter Carnival
Years 6 & 7

Tues 17th June
Chess In School
Tournament

Thurs 19th June
P&C Meeting
Staffroom 1.30pm

Fri 20th June
Assembly P10
Group B
Eagles/Fever Cup
Home—Safety Bay

Tues 24th June
School Council
Meeting

**SMS
Communication**
SMS Mobile Number
0437 418753



2 Waimea Road, SAFETY BAY WA 6169
Ph: 08 9528 3680 Fax: 08 9592 4789
Website: www.safetybayps.wa.edu.au

School Security
9264 4771



Welcome to Week 6 from the KidsMatter team, time is going by so fast. We had a lovely morning tea after P9's assembly last Friday. We would like to thank all the parents that attended the assembly to support their children and take the time to come back to the classroom to have a look at what their child has been doing and have a cup of tea.

This week we would like to finish our information on Anxiety.

How are anxiety disorders diagnosed?

Feeling anxious or fearful at times does not mean that a child has an anxiety disorder. Whether or not a diagnosis is made depends on how often, how easily and how intensely a child experiences the emotional symptoms of anxiety and how much it interferes with everyday living. To make a diagnosis, mental health professionals usually talk to the child and to family members. They may also ask teaching staff, parents, carers and children themselves to fill out questionnaires. The child's age is an important factor in deciding whether the anxiety is a serious difficulty. This is because having certain fears is normal for children.

What professional supports are available?

Early assessment and professional support for children's anxiety difficulties is most beneficial. Psychological supports are very helpful for anxiety. Medication may be helpful in some cases, particularly when anxiety symptoms are very severe. Psychological support for anxiety disorders not only reduces the current difficulties but also helps to prevent anxiety and depression at later ages.

General principles for assisting children with anxiety disorders:

Increase children's helpful coping skills

- Anxious feelings are fed by anxious thinking. It is important not to dismiss children's anxious feelings, but to help children see that the situations they are worried about may not be as bad as they think.

Teach by example

- Showing children how you cope positively with feeling anxious or stressed and remaining calm and positive when they are feeling anxious can help them to feel more confident.

Avoid taking over

- Children with anxiety are usually very happy for someone else to do things for them. However, if adults take over, it stops children from learning how to cope themselves.

Encourage children to 'have a go'

- Having a go helps to show children that they can cope. Praise or reward them for every step they manage to take.

Our kids matter.

KidsMatter helps our school nurture
happy, balanced kids.



Australian Primary Schools
Mental Health Initiative
kidsmatterprimary.edu.au

2015 ENROLMENTS

Children born between **1 July 2010 and 30 June 2011** are eligible for **Kindy** next year; children born between **1 July 2009 and 30 June 2010** are eligible for **Pre Primary**.

Applications may be made at the school administration office and we encourage all parents to submit their applications before the end of Term 2. **Applications close Friday 25 July 2013.**

P&C NEWS

The P&C is now on Facebook. Please LIKE us !

<https://www.facebook.com/sbpspc>



Canteen Volunteers are still required. Please contact Lisa at the canteen to help continue the great efforts of our volunteers. Busy this month? How about scheduling a day next term. If every parent just donated one day a year our canteen would have more than enough.

Rose Plater
P&C President

Merit Certificates Assembly 30th May

Congratulations go to the following students, the latest recipients of our prestigious Merit Certificates. Well done!!

W4	Elizabeth	Chase
W3	Alex Chloe	Summer
W1	Jessica	Caitlin
S3	Ruby	Joel
P10	Kane	Taylah
P7	Blaike	Zahra
C20	Philip	Daryl
C21	Daniel Matthew	Millana
C17	Logan	Emilie
C13	Drew	Alli
C14	Emma	
C11	Charlie	
Music	Jessica (C13)	Caileb (C12)
Phys Ed	Millicent (S3)	Kala (C17)

Please remember to check the Lost Property box located outside the staffroom for any lost belongings. It is also important to clearly label all uniforms, hats, lunch boxes, drink bottles and school equipment, so if misplaced they can be returned.

EAGLES AND FEVER CUP

Each year our Year 6s and 7s have the opportunity to try out for our Eagles Cup (Football) team or one of our two Fever Cup (Netball) teams.

This competition promotes development of not only required skills, but sportsmanship and team building skills needed in a fun and competitive environment.

We will play 5 other schools over a number of weeks. The first of these Friday afternoon games was on the 16th May where we had the privilege of visiting Bungaree Primary School. Safety Bay had a successful afternoon with the results:

Netball A – Safety Bay **29** def Bungaree **4**

Netball B – Safety Bay **17** def Bungaree **2**

Football – Safety Bay 17 goals 11 (**113**) def Bungaree 4 goals 2 (**26**)

Our second game was last Friday, 30th May where we were able to host stronger Waikiki teams. The atmosphere was great with many spectators – not just parents from our school and Waikiki, but our participants got a real buzz from seeing so many of their fellow students come out to cheer them on.

The A grade netball game was a tough one, with two very competitive teams playing each other – with the result not determined until late in the fourth quarter.

Results for these games:

Netball A – Safety Bay **27** def Waikiki **21**

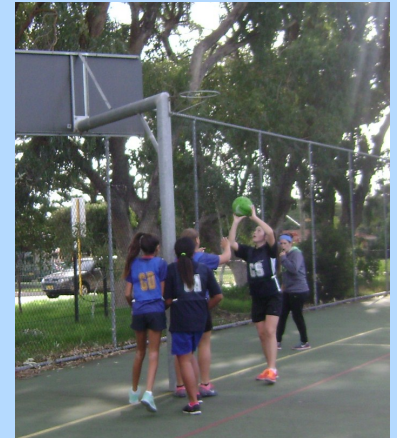
Netball B – Safety Bay **19** def Waikiki **6**

Football – Safety Bay 12 goals 5 (**77**) def Waikiki 4 goals 4 (**28**)

Congratulations to each of the team participants who have displayed pleasing sportsmanship over the two games.

All squad members are looking forward to the next game this Friday, 6th June when we will host Hillman for Round 3.

Mrs White
Physical Education Teacher



News from W1 and W2

W1 have been concentrating on fairy tales this term and this week their buddy class, C17, joined them in a combined Design and Technology lesson on building castles. W1 were required to design and label drawings of their castle and were then joined by C17 to help build them. Both classes, Mrs Smith and Mrs Robinson thoroughly enjoyed this activity and Mrs Robinson and Mrs Smith are now planning further activities the classes can do together during buddy class.



Last week, W1 and W2 joined forces to have a penguin day. The Art Gallery of Western Australia is having a newspaper competition and W1 and W2 are entering their penguin in the competition to win a free excursion to the art gallery. To win this competition an animal has to be made out of newspaper. A penguin was decided as it is our school's emblem. As well as making a paper-mache penguin, students participated in penguin activities including penguin crowns, colouring, numbering penguins and puzzle penguins. The students rotated through the activities in groups to ensure they participated in each rotation. Penguin day was loved by all students and we will keep you updated on how we went in the competition.



Emma Street (Formally Smythe Street)
Rockingham Tel: 9592 1232
Children **MUST** be collected from **INSIDE THE BUILDING**



Rockingham PCYC
Junior Mega Dance
Friday 27th June 2014
Heaps of Prizes

4 Yrs old to 9 Yrs old
5.00 PM to 7.00 PM

10 Yrs old to 13 Yrs old
7.30 PM to 9.30 PM



Entry Fee: \$8.00 per person (Supervising Adults FREE)

Back by popular demand Troy Flynn – Pulse DJ Productions

Hot food, drinks and snacks available from Canteen



ENTERTAINMENT BOOKS

Help support our fundraising. 2014/2015 Entertainment Books are now available to order through the school. You may pay online via the school's website:

www.safetybayps.wa.edu.au or at
<https://www.entertainmentbook.com.au/orderbooks/851v04>



The school will receive \$13.00 for every Entertainment Book sold through the school.



URGENT Do you have an hour or two to spare? If so the canteen would appreciate your help in the mornings. Call in and see Lisa or Tegan in the canteen for more details.

Your value doesn't decrease based on someone's inability to see your worth.



Can Saver Plus assist you with school costs?

Join Saver Plus and match your savings, dollar for dollar, up to \$500 for educational costs including:

- school uniforms and text books
- computers, laptops and tablets
- excursions and camps
- sports equipment, uniforms and lessons
- music tuition and instrument hire.

You may be eligible if you have a Health Care or Pensioner Concession Card, are at least 18 years old, have some regular income from work (you or your partner) and have a child at school or study yourself.

Contact Meagan Parry, your local Saver Plus Worker:
(08) 9440 4147 / 0438 518 603
or meagan.parry@thesmithfamily.com.au

Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered across Mirrabooka by The Smith Family. The program is funded by ANZ and the Australian Government.

Small changes,
big differences.



FREE Triple P 0-12 Years

Seminar Series

1. The Power Of Positive Parenting
2. Confident Competent Children
3. Raising Resilient Children

- Internationally renowned parenting program
 - Social, interpersonal and intellectual competence
 - Building resilience in children
 - Emotional coping strategies
 - Effective behaviour strategies
 - Promote your child's development
 - Reduce stress
 - Improve relationships
- DATES:** Tuesday June 10th 2014
Tuesday June 17th 2014 &
Tuesday June 24th 2014
- TIME:** 09:00 – 10:30
- VENUE:** Safety Bay Primary School
- PRESENTERS:**
Charmain Backwell – School Psychologist
Gabby Bauskis – Community Health Nurse

BOOKINGS AND INFORMATION

Please contact the front office to attend 1, 2 or all 3 of these seminars

www.triplep.net

FIFO AND DEFENCE FAMILIES EXPO

FREE EVENT

This free event brings together a diverse range of services that can assist in supporting you and your family.

Light refreshments available throughout the day.

For advance bookings and a full list of exhibitors check out the event details at www.trybooking.com/EIGH. Book online or come along on the day.

Venue: Gary Holland Community Centre
19 Kent Street Rockingham

Date: Tuesday 24 June 2014

Time: 9.30am – 3.30pm

Children's Activities: Gym Bus from 10am – 12pm
Storytime at 11am and 1pm

Seminar Schedule:

10am - 10.30am
Survival Tips for FIFO Families
(Nicole Ashby, FIFO Families)

10.30am - 11am
Supporting Defence Families
(Defence Community Organisation)

11am - 11.30am
Survival Tips for FIFO Families
(Nicole Ashby, FIFO Families)

11.30am - 12pm
Coping Strategies for a Balanced Lifestyle
(Cath Ashton, Healthy Workforce Consultancy & Training)



www.rockingham.wa.gov.au



ADCU
Australian Defence Credit Union



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Families



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PRIMARY AGE YOUTH GROUP

Come along to Youth Group on Friday nights!

Enjoy games, make friends,
learn Scripture, eat supper.
(Planned and supervised)



Who: Years 1-6
When: Friday nights, 6-7:30pm (school terms)
Cost: \$2 donation p/child (or \$4 p/family)
Dress standard: Casual (neat and respectable)
Where: Rockingham Church of Christ,
cnr Rae Rd & Frederick St, Safety Bay

9592 2495 www.rockinghamcofc.org.au

SAFETY BAY NEWSAGENCY

ONE STOP FOR ALL NEWSAGENCY LINES

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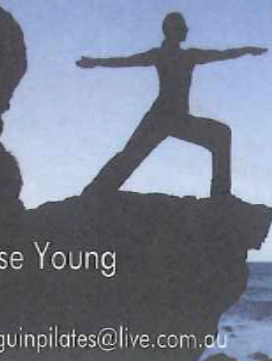


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